

## **Follow the Light.....By Sahaja**

i Hit the stress barrier .....Body broken ...Just didn't know it yet.....  
Crash Bang Wallop... Crushed by the four corners of my own making  
Flipping outa sight.... And ...Outa mindz..

The Dudes gone crazy....People said..They were right..  
The world started to disappear... The race was over.....  
But i Didn't know it yet.  
I was still running.For a while anyways.  
Then i woke up out of my denial and realized how crushed i was.....  
Like a broken thing..

Into the darkness i dwelled...Living in the shadows.. For a long time..  
I became like a ghost .....Not in this world.. But not quiet dead.....

Then we met  
As if in a dream  
Your smile let down a ladder into my shadowy world  
Where on my good days . I can climb and look out at a better landscape....  
With you sitting by my side , Holding my hand, Warming up my broken self.  
We sit there For a while sharing our gifts of light and dark..  
Surveying our new world we share for a while...